

About 8km August 2006

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CONGRATULATIONS to **Vince Bosco** on making the Queensland team for the national cross-country titles in Tasmania later this month. Your progress from the ranks of the Sunday morning long run hackers to the State elite pack is an inspiration, Vince. The club will give Vince \$100 towards his expenses and any other contributions will be gratefully received.

CHRISTINE Milligan is recovering in Wesley Parkhaven Hospital with a fractured collarbone and pelvis from a car accident after the Townsville Running Festival. Visitors welcome.

WELL DONE to all involved with last weekend's festival. Runners surveyed after each of the events complimented the club on excellent organisation. Providence also contributed a cool start and fine, NQ day. At the risk of overlooking other great feats, a couple of stand-outs were **Rhiannon Brown's** 3:15:32 first marathon and **Matthew Boscen's** 3:05.17 personal best.

THE new race day clock, purchased by the club last month at a cost of \$5800, was a welcome sight for marathon finishers. The old clock, reconditioned earlier this year, was not used for the half-marathon because of lack of a suitable stand.

REMEMBER these dates: Sunday, September 3, McDonald's Fathers Day Fun Run, 6.6km, 7am start, McDonald's Nathan St, Aitkenvale. Saturday, September 23 Magnetic Island run. Saturday October 14, Ingham run and barbecue (afternoon start, details to come). Saturday November 11, Rolling Thunder 23km, Paluma Community Centre.

NUMBERS were up slightly at last month's Townsville Podiatry Centre Fun Run, at Sherriff Park. We are investigating moving this event to a Riverway circuit next year, at the suggestion of the major sponsor, **Jayne Arlett**.

Note from the Editor...

Please note the new Email address as shown above. After Sunday 13th of August the old address will no longer be in use.

The Ed.





LETS GET TO THE POINT

Our club's vitality means plenty of work for anyone with the ambition and stamina to steer the ship.

Looking after 250 members aged from 14 to 87 on the road and beyond is not recommended for worry worts.

The club's growth, essential considering our ageing profile, brings fairly heavy responsibilities for course and race directors, as well as the voluntary administrators many of us forget - the treasurer, secretary and pointscore recorder, the latter being **David Brooke-Taylor**, out of the kindness of his famous heart.

I don't think I need a trowel to lay on the reasons for these extra burdens. Regardless of whether the Americans started it, you and I are said to be likely to look for someone to blame and cane if we have a mishap while playing sport.

While members have insurance cover through our affiliation with Athletics North Queensland, I believe we need a risk analysis of each of our courses, for the safety of all runners in big fields. Likewise, I'm in favour of recruiting to enlarge our first aid team. See **Diane Garvie** or **Brian Armit** if you can help.

There will be at least two new office-bearers in the 2007 committee. **Therese Keir** is hoping for relief from the position of treasurer she accepted reluctantly in February. I plan to step down as president, but hope to stay on the committee.

I will be putting two options to next month's committee meeting on the position of treasurer.

1. That the club employs a book-keeper, initially for 1-2 hours a week, to reduce the treasurer's workload. The book-keeper would be responsible for banking weekly race fees, registering members, receiving and recording fun run sponsorships, paying accounts, doing a monthly bank reconciliation and quarterly Business Activity Statement. The treasurer would still take responsibility for the club's finances, by collecting the money each Saturday, signing the cheques, presenting monthly statements and an annual budget.

However, fun run directors would be required to have financial oversight of their events, and invoice sponsors. The Townsville Running Festival treasurer would remain a separate position.

Or

2. That a book-keeper is not needed, but that the treasurer should in future be offered an annual ex-gratia payment, in recognition that this is a responsible and time-consuming job. And that the treasurer be supplied with a laptop computer with appropriate accounting software.

What do you think? Please discuss these ideas before our next committee meeting, on Monday, September 4.

Office-bearers for 2007 will be elected on Saturday, October 14.

Ian Frazer
President





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UPDATE - 2006 MCDONALD'S TOWNSVILLE RUNNING FESTIVAL



The Townsville Running Festival The 2006 TRF has been run and won. Another terrific outcome for Townsville Road Runners.

smallest to the bigger roles.

This year a sub committee from within TRR has overseen the TRF. Various roles were identified within the TRF structure early in the year and club members were approached to manage these roles. This is a good development from my perspective, and I'm sure it will bring management benefits into TRR generally. It is another step forward for the TRF.

A few areas need improvement, but wasn't there a great vibe down at the finish, the drums, great jazz, access to some elite athletes, and heaps of buzzing, smiling runners. That big tent was also a plus. The 2007 TRF will be bigger and better. Set your goals now.

Numbers increased by about 30% on 2005. This was mainly due to the 5k and 10k. The marathon was slightly down and the half down about 40. A competitor analysis has not yet been done but we attracted many runners to travel to the Festival.

The TRF sub committee is very interested in any suggestions, complaints, any feedback at all. Please email or talk with anyone on the team. Contact **Geoff Stanton, Ian Frazer, Darryl Quinney, Mike Donoghue, John Simmons, Tony Hockings, Kathy Wilson, Col Kenna** or myself. We will be having a detailed debrief meeting in early September.

I can't give a financial outcome at the moment but I expect it will be satisfactory.

The lady who had a medical incident near the pool appears to be OK and ready to travel back to Sydney then home to the US later in August.

Christine Milligan was involved in a traffic accident after the Festival and suffered fractures to the pelvis and collarbone, she is in the Wesley Hospital. Visitors are welcome. She had been working at the Festival all day. **We wish her a speedy and full recovery.**

Thanks again
Brian Armit



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TRRs PROFILE

Who: Len Roberts

Age: If I tell you, I'll have to kill you!!!!

Young Len: I grew up in Brisbane at Coopers Plains and moved to Townsville many years ago

Job : Manager, Brown and Hurley, Townsville – we sell and service Kenworth and DAF trucks

A Running Start: I started running in 1994 after going to my Doctor. I was 110kg and had dangerously high blood pressure and he said that if I didn't do something about it I was going to die.



NQ Life: Watching footy – that's rugby league, not that poofy game the English play, drinking beer, socializing and watching V8 car racing.

Why Like Running: To drink beer. One kilometer = One beer

Why TRRs: They're well organized and you can always find someone interesting to run with from the back of the pack to the front

Best Run: Any run I finish is a good run

Most Memorable Run: We call it the NFI (no f@@@ing idea) Run. It involved running around Annandale and Murray before it was developed for housing, not exactly knowing where we were going, taking our shoes off to cross flooded creeks, etc. It was all thanks to the Human Compass, Arthur Gilboy

Worst Run: Any run when Annie beats me

Favourite Food: Beer

Worst Food: I've never met a food I didn't like.

Next Objective : To wake up tomorrow morning

Dream: I'm living my dream

Special Interest: Travelling





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